



Institute for Professional Development

The Rosa J. Kolker Professional Development Series

Thrive: 3 Keys to Supporting Client Resilience

Presented by:

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Self-awareness and the ability to make conscious choices are fundamental to resilience. These aspects play a pivotal role in an individual's capacity to adapt and thrive in the face of adversity.

This workshop will explore three tools to use to help clients identify areas to develop and foster more resilience in their lives.

January 10, 2024

12:00 – 1:30 pm

via Zoom Video Conferencing

1.5 Category I CEUs

In this session, participants will:

- Explore a first-person account of The Chrysalis Way through a lens of social work practice.
- Examine the impact of client self-awareness and decision-making on development of resilience.
- Review and practice a self-assessment for measuring resilience.
- Engage in a visioning exercise that can be used with clients to support goal setting.

[Register HERE](#)

General Public: \$37.50

Jewish Day School Educators / JCS Retirees: \$30.00

NJHSA Members: \$30.00

*JCS Staff / JCS Board & Council Members / Staff of
Associated Agencies: FREE*

Jewish Community Services is approved by the Maryland Board of Social Work Examiners to sponsor Continuing Education for social workers (psychologists and licensed professional counselors).

Jewish Community Services maintains responsibility for this program and its content.

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